

N.D. MEMBER SERVICES ASSOCIATION MEETING

Jan. 15-16, 2025

BASIN ELECTRIC POWER COOPERATIVE | 1717 E. INTERSTATE AVE. | BISMARCK, N.D.

WEDNESDAY, JAN. 15

- 8 a.m. Hot breakfast buffet**
- 8:30 a.m. Welcome and Opening Announcements**
Andrew Spratta, president, North Dakota Member Services Association (NDMSA)
- 8:40 a.m. Capital Electric Cooperative Update**
Wes Engbrecht, manager of communications and information technology, and Josh Schaffner, energy services manager
Wes and Josh will address the rate restructuring and increase, Love's Truck Stop, and the N.D. Department of Transportation National Electric Vehicle Infrastructure (NEVI) Formula Program.
- 9:10 a.m. Let's Talk: How to Support Mental Health**
Karla Sohre, health management consultant, Marsh McLennan Agency
All employees within an organization play an important role in helping to create a stigma-free workplace. In this 2-hour interactive training, participants will be introduced to important concepts on mental health. Not only will participants walk away with an understanding of the prevalence of mental health challenges, they'll be introduced to the impact these challenges have on an individual's ability to live, laugh and learn. Participants will build skills on how to identify the signs of mental health challenges, how to start a conversation, and how to be an advocate for getting individuals connected to the appropriate tools and resources.
- 10:10 a.m. Refreshment break**
- 10:30 a.m. Let's Talk: How to Support Mental Health (continued)**
- 11:30 a.m. Energy Share of North Dakota**
Kristina Brownell, executive director, Community Action Region VI
Energy Share of North Dakota is a nonprofit program in partnership with Community Action Agencies (CAP) and the state's Low Income Home Energy Assistance Program (LIHEAP). Learn how utility vendor donations, LIHEAP payments, and CAP case management come together to help low-income households with their electric bills.
- 12:15 p.m. Lunch**
- 12:45 p.m. Tour of Basin Electric Power Cooperative headquarters**
This tour of Basin Electric's headquarters building will include stops at security and response services, trading and marketing, communications studios and more.
- 1:45 p.m. Regroup in meeting room**
- 2 p.m. North Dakota Public Service Commission (PSC) Update**
Sheri Haugen-Hoffart, PSC Commissioner
- 2:30 p.m. Finding Your Beat: The Rhythm of Life**
Tim Eggebraaten, professional speaker, entertainer and musician
Tim knows the importance of paying attention to the rhythm of life. Having worked in the criminal justice field for 28 years, he's an expert at "working the beat," and has learned the value of discovering the harmony in it all. Key takeaways will include critical thinking skills, emotional intelligence, warning signs that things are out of balance, and evaluating and navigating difficult situations.
- 3:45 p.m. Adjourn for the day**
- 5:30 p.m. Dinner at the Tilt Studio**
- 6:15 p.m. Fun and games at Tilt Studio**

THURSDAY, JAN. 16

- 8:30 a.m. Hot breakfast buffet**
- 9 a.m. Legislative Update**
Josh Kramer, general manager, NDAREC
Josh will provide an update on engagements with government leaders on state and national levels. He will also discuss messaging strategies about the critical need to maintain an affordable, reliable electric system to advance beneficial policies for electric co-ops and the members and communities they serve.
- 9:30 a.m. NDMSA Business Meeting**
Andrew Spratta, NDMSA president – presiding
- 10:15 a.m. Refreshment break**
- 10:30 a.m. Great Ideas Happen Here!**
Last, and most importantly, this time is reserved for topics that are top of mind for you. Andrew will facilitate the discussion, starting with winter-weather outages. Please come prepared to share new ideas, challenges and opportunities to round out our time together.
- 11:45 a.m. Meeting Adjourns**



MEET TIM EGGEBRAATEN

Tim has served as a police officer since 1992, in many different roles during his career with the Detroit Lakes, Minn., Police Department. This includes Drug Abuse Resistance Education Instructor, patrol sergeant, investigative sergeant, K-9 handler and chief of police. He retired in 2016 after more than 24 years in law enforcement and three years as a correctional officer.

Like many people, Tim faces the challenges of balancing family life with the rigors of the career and keeping physically, mentally and spiritually healthy. He began talking about his leadership journey after retiring from law enforcement. Now "off duty," Tim is passionate about taking his life-changing message and music to audiences around the country.

REGISTRATION INFORMATION

Please register for the winter meeting by Jan. 6. Complete the online registration at <https://www.ndarec.com/ndarec-education-programs>. The costs of the meals and refreshment breaks will be billed back to your cooperative. If you need to cancel your registration, please let Pamela know 48 hours in advance. In the case of a no-show, your cooperative may be billed for the cost of meals and breaks.

When registering online, please indicate your plans to attend the Jan. 15 evening meal, fun and games at Tilt Studio.

SPECIAL DIETARY NEEDS AND OTHER ACCOMMODATIONS

Please notify Pamela Clark-Stein at pstein@ndarec.com of any dietary restrictions such as food allergies, gluten-free options and any other special accommodations needed for those registering for the NDMSA meeting. A minimum of 48 hours' advance notice is requested.

HOTEL ACCOMMODATIONS AT THE HOLIDAY INN BISMARCK

For your convenience, we've reserved a block of sleeping rooms for Jan. 14 and 15 at the Holiday Inn, 3903 State Street, Bismarck under the reserved NDAREC group block.

Please note the release date for the reserved room block is Dec. 30. After this date, the reserved block of rooms will be released for general booking. To make your room reservation, [CLICK HERE](#) or call 701.751.8241 and ask for the NDAREC group block. When booking online, please make sure to change your stay dates to the dates within the reserved room block.

NDMSA EXECUTIVE COMMITTEE

Andrew Spratta, president, McKenzie Electric Cooperative
Brittnee Wilson, Northern Plains Electric Cooperative

Julie Armijo, Mor-Gran-Sou Electric Cooperative
Jeremy Woeste, Basin Electric Power Cooperative
Jenna Chase, Minnkota Power Cooperative
Pamela Clark-Stein, NDAREC